KICK OFF THE NEW YEAR RIGHT & PARTICIPATE IN A WOMEN'S SELF-DEFENSE SEMINAR

> WHERE: AINA HAINA ELEMENTARY SCHOOL WHEN: SATURDAY, FEBRUARY 2nd, 2013

TIME: 10:00 AM - 11:30 AM

COST: \$20

One out of three women are assaulted in their lifetime. Don't wait, be prepared!!!

Learn basic techniques and strategies to protect your self.

PHONE NUMBER:

RETURN BOTTOM PORTION TO SENSEI ROBERT KONCAL TO SIGN UP OR E-MAIL TO KACHIHAWAII@GMAIL.COM

NAME:

ADDRESS: AGE:

I, the undersigned, do hereby submit my application form with intent to participate in women's self defense seminar. I, the undersigned do hereby understand that physical contact between students, between students and instructors and rigorous exercises are involved in self defense training. I, the undersigned, do hereby fully agree with my full liability for all damages, injuries (including death), or losses that I may sustain or incur while participating in self defense seminar and all events organized by Kachi Karate LLC. I, the undersigned, do hereby waive all claims against Robert Koncal, Kachi Karate Hawaii, Kachi Karate LLC and its instructors, employees, representatives, or volunteers from any injury (including death) resulting from any cause that I may sustain. I fully understand that any medical treatment given to me will be of a first-aid nature only. Photo Release: I hereby authorize the Kachi Karate LLC, and its representatives to use my photographs or videos for website, book/manual or any marketing material.

DATE: SIGNATURE:

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