

# 2nd Annual Kachi Karate Interclub Tournament



## TOURNAMENT EVENTS

- + Kihon (Standing Basics)
- + Kihon - ido (Moving Basics)
- + Kata (Forms)
- + Kumite (Sparring)

For more information please call Sensei Robert (808) 389-5258  
or visit [www.kachikarate.com](http://www.kachikarate.com)

**When: Sunday, September 15th, 2013**

**Time: 9:30 AM to 2:00 PM**

**Where: Kalakaua District Park Gym  
720 McNeill St , Honolulu, HI 96817**

Entry fee:

One division - \$20	Three divisions - \$40
Two divisions - \$30	Four or more divisions - \$50

**\* KIHON-IDO (MOVING BASICS) & KATA WILL HAVE MULTIPLE EVENTS\***

Please make check payable to:

**KACHI KARATE**

**Pre-registration is needed! Due by September 13th, 2013.**  
**No refunds after this date.**

## ENTRY FORM

Name (First, Last)			
Sex	<input type="radio"/> Male	<input type="radio"/> Female	Membership number
Rank (KYU)			Date of birth (month/day/year)
Phone			Age at the day of tournament
Weight			Height

**\*Divisions will be separated by age group and rank. Certain divisions may be combined at tournament director's discretion. We encourage all students & ranks (even white belts) to participate as we will have assistant instructors and senpais on hand to assist students.**

### DIVISIONS

Please check each division you would like to complete in. You may compete in more than one division.

<p style="text-align: center;"><b>KIHON (STANDING BASICS) WHITE BELTS ONLY</b></p> <p>Heiko Dachi - Chudan Zuki, Chudan Maegeri, Soto Uke, Jodan Uke <i>Shoulder stance – Body level punch, Front body kick (above belt), Outside block, Upper block</i></p>	<p style="text-align: center;"><b>KIHON (STANDING BASICS) YELLOW/WHITE &amp; YELLOW BELTS ONLY</b></p> <p>Shiko dachi - Shomen Uraken Uchi, Jodan Zuki, Heiko Dachi - Mawashi Geri, Uchi Uke <i>Horse stance – Front back fist, Face level punch Shoulder stance – Roundhouse kick, Inside block</i></p>
<p style="text-align: center;"><b>KIHON-IDO (MOVING BASICS)</b></p> <p>Sanchin Dachi - Ayumi Ashi Oi Zuki Chudan Mawate, Zenkutsu Dachi - Ayumi Ashi Oi Zuki Chudan Mawate Zenkutsu Dachi - Ayumi Ashi Gyaku Zuki Chudan Mawate <i>Hourglass stance movement, Front hand body punch (same hand/same leg), Turn around Front stance movement with front hand body punch (same hand/same leg), Turn around Front stance movement with back hand body punch (opposite hand/opposite leg), Turn around</i></p>	<p><b>KATA (FORMS)</b> Taikyoku Chudan OR Jodan Ichi</p>
	<p><b>KATA (FORMS)</b> Taikyoku Chudan OR Jodan Ni</p>
	<p><b>KATA (FORMS)</b> Gekisai Dai Ichi</p>
	<p><b>KATA (FORMS)</b> Open Kata for intermediate and advanced students</p>
<p><b>MALE KUMITE (SPARRING)</b></p>	<p><b>FEMALE KUMITE (SPARRING)</b></p>

#### Liability Waiver

I \_\_\_\_\_ (name of the competitor) do hereby, for myself, my heirs, executors, and administrators waive, release and forever discharge any and all rights and claims for any damages or injuries that I may sustain, may have or accrue to me during said tournament against Kachi Karate LLC, organizing committee, all members of the organization and/or their respective officers, medical committee, volunteers, agents and/or assignees and against any competitor for any and all damages which may arise in participating in this event. I understand Karate is a contact sport, which involves a risk of injury. I also assume full responsibility for any of my actions during, and in connection with said tournament. I hereby agree to all the terms and conditions of the liability waiver above. I fully understand that any medical treatment given to me will be of a first aid treatment type only.

**Photo Release:** I hereby authorize the Kachi Karate LLC, and its representatives to use photographs or videos for website, book/manual or any marketing material.

Signature of the competitor \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature (needed if competitor is under 18 years old)

\_\_\_\_\_ Date: \_\_\_\_\_